



KALWUN

Jellurgal
Aboriginal Cultural Centre

KALWUN Grapevine

Winter 2023



FOR OUR ELDER

2-9 JULY 2023



**In this
edition:**

Photos from all of our
amazing NAIDOC
events



**SAVE THE
DATE:**

**Elderfest
on the 27th
October**

In this edition

- 3-11 **Photo album from all our amazing NAIDOC events**
- 12 **2023 Kalwun Staff Awards Information and Nominations**
- 13 **Mens Group:** Bush Tucker Gardens
- 13 **Finalist:** Gold Coast Health for Yabbabah Men's Group.
- 14 **Cultural Art Day:** Art by the Pond
- 14 **Embracing Resilience:** Fairhaven's Serpent Snake Artwork - Inspiring Healing and Cultural Connection
- 15 **NEW Cultural Group**
Elders showing the way – deadly fit!
- 15 **Senior Services:**
Health Centre visits
- 16 **Jarjums' Journey into the World of Helpers:** Building Belonging and Curiosity!
- 17 **Children's Day**
- 17 **DFV Healthy Relationships Program**
- 18 **From Barriers to** Baseball
- 18 **New Arrivals**
- 20 **Deadly Choices** Fishing Event flyer

Tell us what you want to see

If you have any suggestions for content for future editions of Kalwun Grapevine, email them to headoffice@kalwun.com.au

KALWUN DEVELOPMENT CORPORATION LTD

Head Office

Level 1, 14 Cassia Drive, Varsity Lakes QLD
Phone (07) 5578 3434

www.kalwun.com.au



facebook.com/Kalwun
facebook.com/JellurgalsTours



instagram.com/Jellurgals

Celebrating NAIDOC Week 2023

I hope everyone is in good health and high spirits.

Kalwun has once again celebrated NAIDOC with incredible success, despite the challenges posed by the wet weather. Your unwavering support and appreciation to celebrate 'Our Elders' has been remarkable.

The rain may have poured down, but it could not dampen the spirit of unity and pride that shone brightly during our events. Our Elders were at the heart of these celebrations, and their wisdom and guidance served as a powerful reminder of our rich history and the importance of passing down cultural knowledge to future generations.

I extend my deepest gratitude to every member of our community who participated, volunteered or contributed in any way. Your efforts have made this year's NAIDOC events a resounding success and a testament to the strength of our community, even through wet weather.

Later in the year, we will continue to acknowledge our Elders, through our Elderfest event on the 27th October at 118 Bonogin Rd. This year's Elderfest promises to be an unforgettable experience, filled with heartfelt connections, vibrant cultural expression, and the joy of sharing stories and memories.

We continued our events with the National Aboriginal and Torres Strait Islander Children's Day, themed 'Little Voices, Loud Futures' on Saturday 5th August at Pratten Park, we celebrated the resilience, creativity, and potential of our children – the future leaders.

Our children are the heart of our community, and their voices are powerful reminders of our shared responsibility to nurture their dreams and aspirations. We encouraged all families of the community to come together to ensure the success of our Children. We show our children that we believe in them, that we stand with them, and that their dreams are achievable.

Wishing you all strength, joy and unity.

Ngaurai ngulungmai (speak soon),

Kieran Chilcott, Chief Executive Officer



Check out all the fun from NAIDOC 2023

Scan the QR code to watch the amazing footage on facebook and share it with your friends and family.

NAIDOC WEEK - MONDAY 3rd July

Mon 3
JULY



NAIDOC WEEK - Official launch

MON 3
JULY



NAIDOC WEEK - Elders Afternoon Tea

MON 3
JULY



NAIDOC WEEK - Elders Yarn Up

TUE 4 JULY



NAIDOC WEEK - March

FRI 7 JULY



NAIDOC WEEK - March

FRI 7 JULY



NAIDOC WEEK - March

FRI 7 JULY



NAIDOC WEEK - March

FRI 7 JULY



NAIDOC WEEK - Postponed Elders Lunch

Thurs 27 JULY





Nominate now for the

2023 Kalwun Staff Awards!

Nominations for the Kalwun 2023 Staff Awards are now open!

Categories include:

Kalwun Health and Wellbeing Services – Employee of the Year

Kalwun Child, Youth and Family Services – Employee of the Year

Kalwun Seniors Services – Employee of the Year

Kalwun Head Office and Jellurgal Aboriginal Cultural Centre – Employee of the Year

New Employee ‘Rookie Award’ (*must have commenced after 30 September 2022*)

Nominations close COB Wednesday 6 September

Nominate by clicking the button below or go to
www.kalwun.com.au/staff-awards

Nominate NOW

**Nominations
close COB
Wednesday 6
September**

BUSH TUCKER GARDENS

The Men's Group at Kalwun's Seniors Services Wellness Centre recently teamed up and put their hearts into building brand new garden beds suitable for our older clients.

The existing garden beds were not in the best shape, with worn edges and a difficult to use low profile and the group have done an amazing job to create a fresh, effective new space.

It was truly a heartwarming sight to see these men collaborating and putting their skills to good use. With determination and creativity, they crafted these beautiful and functional garden beds. Not only do they look amazing, but they also serve a purpose. These beds will be used for a wonderful 'garden group' activity, where clients will take charge and lead the whole process of growing seasonal produce and bush tucker.

The best part is that the fresh produce from these garden beds will find its way to the kitchen, adding a delightful touch to the meals prepared there. It's a win-win situation -



the clients get to enjoy a fun gardening experience, and the kitchen benefits from fresh, locally grown ingredients.

Well done to the Men's Group for their dedication and hard work in making the Wellness Centre an even more welcoming and vibrant place. Their efforts will undoubtedly bring joy and nourishment to everyone involved. We look forward to a flourishing garden and wonderful times ahead!

FINALIST: GOLD COAST HEALTH FOR YABBABAH MEN'S GROUP.

Robbie Marjoribanks, Kalwun Social and Emotional Wellbeing Support Worker, attended the Queensland Reconciliation Awards night for the Yabbabah Men's Group. Robbie has maintained a close partnership with the group through involving Kalwun consumers to attend.

Yabbabah Men's Group is a community lead initiative. Their aim is to encourage peer mentorship of First Nations people, build trusting relationships between Gold Coast Health service and First Nations people, increase health literacy of First Nations people, reduce barriers and improve access to health care.

This group is held monthly. Each month a representative from a different health service will discuss how they care for the community and what they can offer to the group.



Robbie Marjoribanks, Jonathon Link, Margaret Saunders, Uncle Barry Fletcher and Nathan Campbell

For more information on the Yabbabah Men's Group, contact the Kalwun Coomera Clinic on 5514 7100

CULTURAL ART DAY - ART BY THE POND

Murri Monday at Kalwun's Wellness Centre has been a hit with activities including art by the dam. **For more information on Kalwun's Wellness Centre, call 5522 9197.**



EMBRACING RESILIENCE:

Serpent Snake Artwork - Inspiring Healing and Cultural Connection

Therese, a Kalwun staff member has been working with a client at the Fairhaven rehabilitation centre on an inspirational art piece to tell a story that symbolizes healing, transformation, and resilience - qualities that align with our mission.

Fairhaven provides a holistic approach to healing and recovery for clients.

The artwork has the power to inspire, uplift, and create a deep connection to clients' cultural backgrounds.

For the artwork theme, we proposed a serpent snake design that symbolizes healing, transformation, and resilience - qualities that align with our mission. This serpent uses traditional colours and intricate patterns.

By incorporating the serpent snake artwork into the facility, we aim to create a sense of connection and celebration of diverse cultural backgrounds. This artwork will be strategically placed throughout the rehabilitation centre garden.

In addition to its cultural symbolism, the serpent snake artwork will also serve as a visual reminder of the strength and resilience possessed by clients. It will inspire them to embrace the healing journey and empower them to overcome challenges with determination and grace.





NEW CULTURAL GROUP ELDERS SHOWING THE WAY – DEADLY FIT!

The Deadly Choices team has engaged our clients at Seniors Services in a Deadly Choice Fit Program. The new program embraces the outdoors with beach walking at Dreamtime Beach, Fingal Head.

Dreamtime Beach treated everyone to breathtaking panoramic views of the coastline, making the walk even more enjoyable. As they strolled along the sandy shore, they were also able to catch glimpses of the majestic Cook Island in the distance, adding to the natural beauty of the experience.

It is incredible to see our clients engaging in such activities that promote both physical and mental well-being. The combination of exercise, fresh air, and stunning surroundings made this outing a memorable one.



HEALTH CENTRE VISITS

Kalwun's Seniors Services team have been busy reaching out to community and breaking down the barriers to accessing support services for older people. Seniors Services have held engagement activities over the past few months, with the introduction of cultural Mondays jam packed with cultural activities.

Kalwun is registered with My Aged Care 'Aboriginal and Torres Strait Islander specialist provider' of supports for older people on the Gold Coast. We have recently employed a dedicated Community Liaison Officer with the sole purpose of assisting our people to get access to services.

If you or anyone you know could benefit from a confidential yarn, please reach out to us on (07) 5522 9197 or email kssintake@kalwun.com.au



Jarjums' Journey into the World of Helpers: Building Belonging and Curiosity!

In Term 2 the Kalwun Early Learning Program Jarjums learnt all about "People who help us." This unit aimed to broaden the children's understanding of the world in which they live and create a sense of belonging to their community.

The Jarjums are naturally curious about the world and learning about community helpers in their environment. The Jarjums were so lucky to have some special guests visit throughout the term. We had Constable Carleen, QLD Oral Health: Keep Your Smile program and a representative from QLD Ambulance. The Jarjums were really engaged during the visits and asked lots of questions!

The Jarjums learnt to recognise the people who help us as well as build a sense of trust with them. The special visitors talked to the children about their role and how they can help us. Learning about community helpers builds on the Jarjums knowledge of their own physical health and personal safety.

These learning experiences build on the outcomes from the Early Years Learning Framework - **Outcome 2: Children are connected with and contribute to their world and Outcome 3: Children have a strong sense of wellbeing.**

The QLD Ambulance came to the Burleigh site and the Jarjums had an opportunity to look through the Ambulance and learn about the medical equipment that Paramedics use to treat patients. The Paramedic talked to the children about what they can do in an emergency and the number to call, 000.

Constable Carleen also visited the Jarjums across the Early Learning services and talked about how Police Officers help to keep the community safe and how they can help us in times of need. Carleen has established a close relationship with the Jarjums who attend the program and has become our 'Adopt A Cop.' The Jarjums feel really comfortable with asking Carleen questions and Carleen will often bring co workers with her to meet the Jarjums such as the Youth Justice Worker.

At the Coomera Service, the QLD Oral Health - Keep Your Smile program attended each day. The Keep Your Smile Program is a free dental screening and fluoride application program provided by Gold Coast Oral Health Service. It was a great way to introduce the Jarjums to the Dentist as for many it was their first introduction. The ladies shared a story about George and Peppa Pig going to the Dentist and introduced them to the dragon and the Jarjums took turns brushing the dragon's teeth with the giant toothbrush.

This introduction engaged the Jarjums and built a sense of trust and security with them. Each Jarjum then took turns of having their teeth checked and fluoride applied. They were then given a toothbrush and dental mirror to take home as well as feedback from the screening to pass on to their families.

For more information about Kalwun's Early Learning Program, phone 5676 6477.



ABORIGINAL AND TORRES STRAIT ISLANDER Children's Day

Gold Coast families joined together with Kalwun's Child, Youth and Family Services team to celebrate National Aboriginal and Torres Strait Islander Children's Day on Saturday 5 August with activities, games, performances and more.



NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER

Children's Day
August 2023

www.aboriginalchildrensday.com.au



DFV Healthy Relationships Program

Kalwun's Healthy Family and Relationships program is a four-week program that teaches strategies to heal from trauma from domestic and family violence.

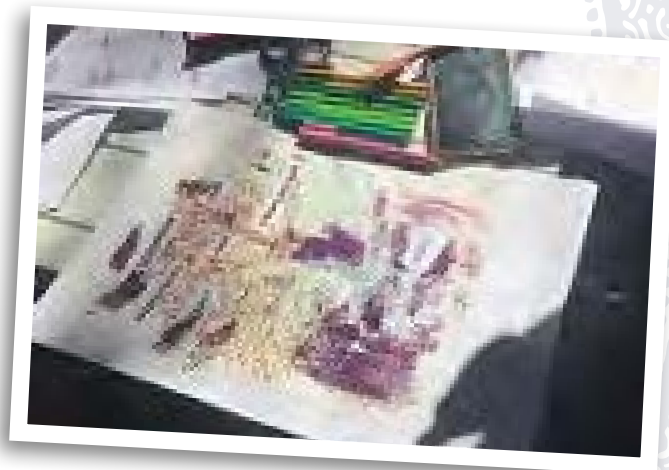
Our team have shared their thoughts below on the success of the recent program.

"We've been so fortunate to have five amazing and dedicated participants who showed up almost every week to our Domestic and Family Violence Healthy Relationships Program, and we couldn't be prouder of them.

One of the highlights of this program was having guest speakers join us. These speakers brought so much inspiration and knowledge to the group, and our participants absolutely loved it. It's always wonderful to see the group engage with the presentations and come out of the sessions feeling empowered.

Self-care has been at the heart of our program, and we made sure the group had everything they needed to nurture themselves. From the thoughtful goody bags filled with self-care planners, positive affirmation cards, and other goodies, we wanted to ensure they felt supported and valued throughout their journey.

The feedback we received from the group warmed our hearts. They shared how much they enjoyed the activities and how they noticed a growing sense of confidence week by week.



Witnessing their transformation from feeling anxious and alone to laughing and connecting with others has been so fulfilling.

It's amazing how this program created a strong bond among the group, forming a supportive network where they even exchanged phone numbers to stay connected beyond our sessions. We couldn't be prouder of what this group has achieved, and we look forward to more incredible moments together in the future! Keep shining!"

For more information on Kalwun's Domestic and Family Violence Healthy Relationships Program, phone 5520 8600.

From Barriers to Triumph in Baseball

This year, Kalwun's Kinship and Foster Care program has seen an amazing story of passion and perseverance as client, Jacob*, was selected to represent his baseball team at the Nationals competition in June.

Jacob's journey has seen challenges but also immense support as he transitioned into the care of his former neighbours, Charlie and Renee*.

Prior to the transition, the family had been advocating for his enrolment in the local baseball team, as he showed a strong desire to engage in the sport. Charlie and Renee, who had been active members of the club for many years, fully supported his passion.

However, the residential facility initially resisted supporting Jacob's participation in baseball, and even after he was enrolled, they

refused to provide the necessary equipment for him to participate. Undeterred, Charlie and Renee stepped in and purchased all the required gear, despite Jacob not being in their placement yet.

Since becoming involved in baseball, Jacob has flourished remarkably. Overcoming previous challenges with group activities and limited sports involvement, he embraced the game with enthusiasm. His dedication and talent were quickly recognised, and to his joy and pride, Jacob was selected to represent his team at Nationals in Sydney in June.

This accomplishment is a tremendous milestone for Jacob, who faced numerous barriers that once hindered his success. With Charlie and Renee's unwavering support, he has not only found a sense of belonging but also proved that with determination and encouragement, he can conquer any obstacle in his path. The journey from adversity to achievement has transformed Jacob's life, filling it with hope and promise for a brighter future.

For more information on Kalwun's Kinship and Foster Care program, phone 5520 8600 or visit www.kalwun.com.au/kfc

* Names have been changed for privacy

New Arrivals

We're absolutely thrilled to share these incredibly adorable photos of the newest members of our big family. A huge welcome to these little ones as they make their grand entrance into the world! And a big shout-out of congratulations to all the proud families. Your hearts must be bursting with love and excitement right now!



Alinta, new daughter of Selena and Issacc.



Levi, new son of Teegan and Josh



Benji, new son of Darcie



Sophia, new bub of Brea and Sam



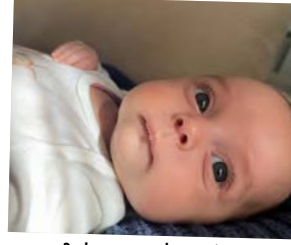
Saxon new son of Jacky



Shiloh, new bub of India and Josh



Rubie, new daughter of Tarny



Rylee, new daughter of Taleah and Blake



Jingeri

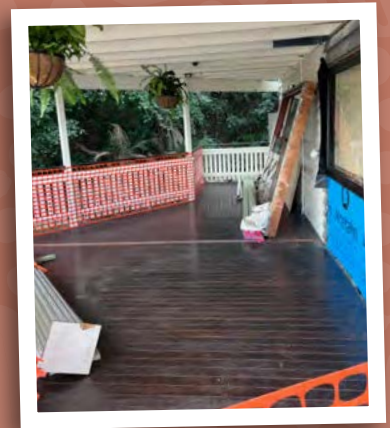
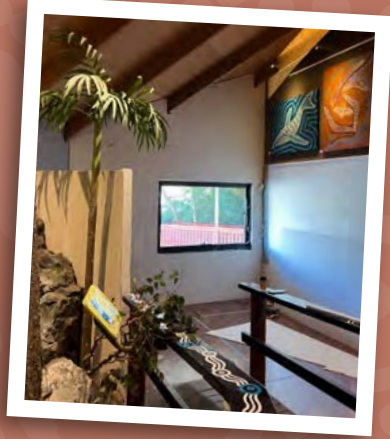
Jellurgal's Summer Upgrade: Where Coffee Meets Culture

Work has started...Jellurgal is getting a fantastic facelift to make your visit even more amazing! Get ready to be greeted by the enticing aroma of barista-style coffee from our new state-of-the-art coffee machine. Our revamped front desk will be your gateway to exciting Walkabout Tours, while our inviting entrance promises easy navigation and a warm welcome.



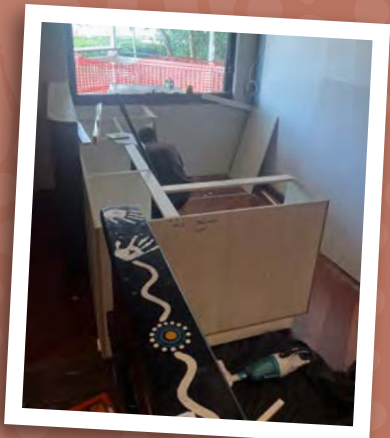
But the adventure doesn't stop there! Later this year, we're introducing new interactive displays.

Jellurgal is your destination for coffee, culture, and captivating discoveries. Stay tuned to our social media for updates on the renovation.



Jellurgal

Aboriginal Cultural Centre



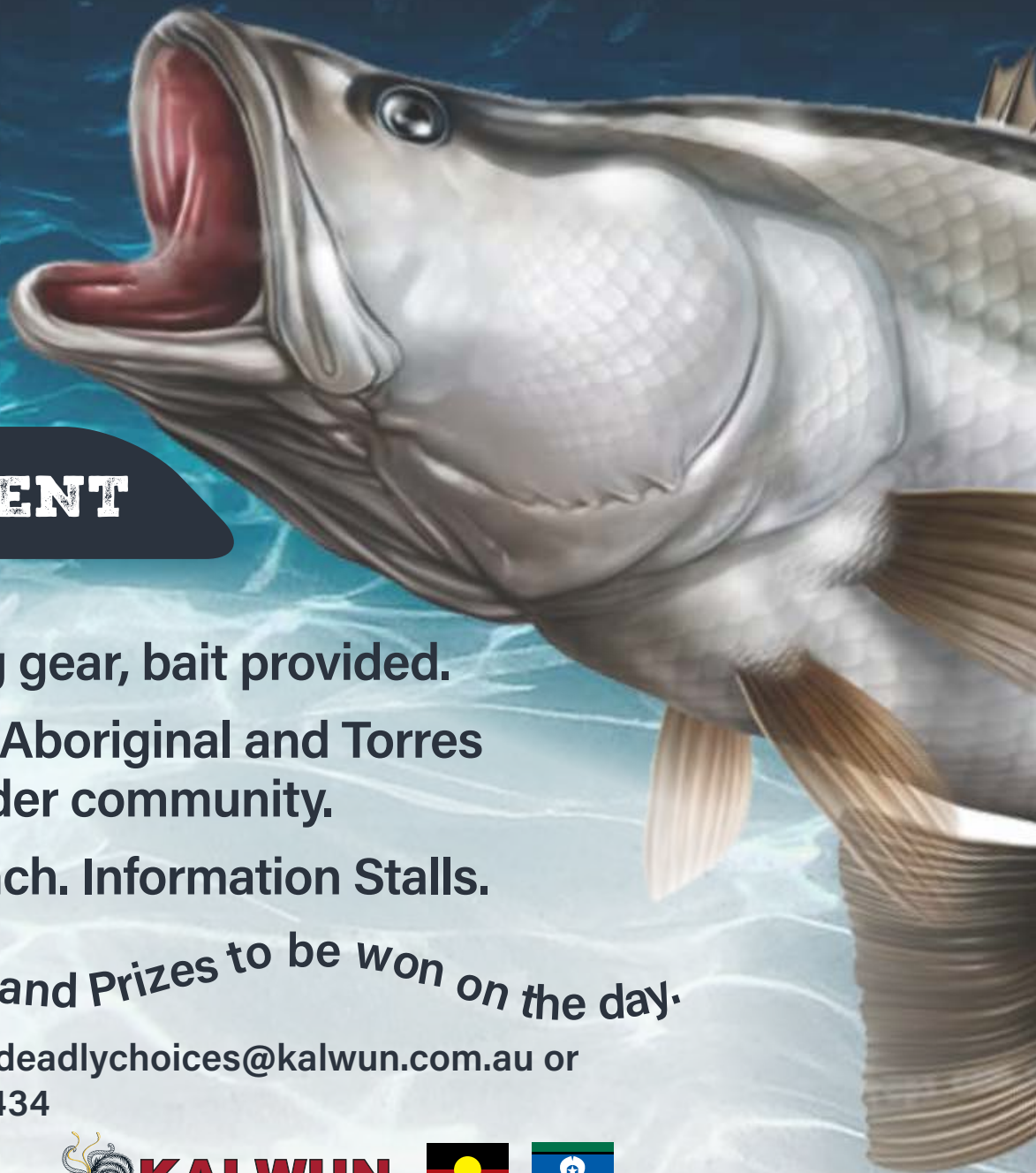
Deadly Choices

FISHING EVENT



WED 13 SEPTEMBER

9AM-1PM • CURRUMBIN CREEK



FREE EVENT

- BYO fishing gear, bait provided.
- Open to all Aboriginal and Torres Strait Islander community.
- BBQ for lunch. Information Stalls.

Competitions and Prizes to be won on the day.

To register email deadlychoices@kalwun.com.au or call on 07 5578 3434



KALWUN



www.kalwun.com.au