



KALWUN

Jellurgal
Aboriginal Cultural Centre

KALWUN Grapevine

Summer 2022



Looking back on a year of exciting events and amazing achievements

As 2022 draws to a close, we take the time to reflect on this year and all that has been accomplished.

NAIDOC Week and other cultural events were back better than ever in 2022, and we couldn't be more excited to join with the community to once again celebrate

our incredible Aboriginal and Torres Strait Islander culture.

Across Kalwun, our business units have all continued to expand and diversify our offerings during the past 12 months.

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NAIDOC Week photo gallery

'Keeping KINnected' program wins 2022 NAIDOC Award

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Tell us what you want to see

If you have any suggestions for content for future editions of Kalwun Grapevine, email them to headoffice@kalwun.com.au

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Ryan James and Greg Bird, from the Ryan James Group, and Hough Director, Jackson Hough, (pictured here with Kalwun CEO, Kieran Chilcott) generously gifted a donation of \$77,000 to the Kalwun Early Learning Program.

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The breadth of our programs and services for Aboriginal and Torres Strait Islander people across the Gold Coast region continues to evolve and improve year by year.

All aspects of Kalwun's health services have seen an uplift this year. Operating in line with the 'living with COVID' public health strategy, Kalwun Health continues to support mob and ensure that we can continue to meet the needs of community, whether it be in person, telehealth, group support or with transport.

Our supports and care services for seniors have continued to evolve in line with federal government changes and we are well positioned to respond to the upcoming reforms.

The Kalwun Early Learning Program received a substantial donation through the support of Ryan James, and an injection of funding from the National Indigenous Australians Agency, to expand Early Learning services into Coomera. The new dedicated space is up and running, with the first class of jarjums graduating this month.

After a review of Jellurgal Aboriginal Cultural Centre, Kalwun's Board committed to ensuring that the centre evolves and becomes a cultural icon for the Gold Coast community. The Centre committed to a makeover and revised opening hours including Saturday mornings. You can read more about this on the following page.

I would like to thank our staff and community for your collective support and contribution. I also acknowledge those before us, our Elders and our former Directors for their work to ensure we exist for community.

I would also like to recognise our funders and key partners who support and resource us as we continue to provide an extensive range of services for the community to work towards our vision that our people live long, healthy, prosperous and happy lives.

I wish you all a safe and enjoyable festive season and look forward to sharing more good news with you in 2023.

Ngaurai ngulungmai (speak soon),

Kieran Chilcott, Chief Executive Officer

Jellurgal's fresh new look - outside and in

Jellurgal Aboriginal Cultural Centre is looking light and bright and ready to welcome visitors from near and far to explore First Nations culture on the Gold Coast.

A talented team of tradespeople has helped to breathe new life into the centre with improvements that include:

- an updated exterior paint scheme
- the installation of a solid timber bench at the entrance to the centre, creating a centrepiece for a new outdoor dining/meeting area
- enhancements to the art gallery display to better showcase the talent of local artists
- an updated interior layout and displays.

We encourage all to come down to Burleigh and explore the new-look centre.

There are plenty more changes on the horizon so keep an eye out on our social media for future updates!

To find out more about Jellurgal Aboriginal Cultural Centre, visit www.jellurgal.com.au or check out our Facebook and Instagram pages.



facebook.com/JellurgalTours



instagram.com/Jellurgal

New centre operating hours

Since the start of September 2022, Jellurgal has been operating under new hours including the addition of Saturday trading.

Monday - Friday

9am - 4pm

Saturday

9am - 12pm



Have you been to Jellurgal recently?

We would love to hear about your experience! Please leave us a review through any of the links below:





Kalwun's Finding Kin Officer, Hayley Roxburgh, accepts the Department of Children, Youth Justice and Multicultural Affairs - 2022 Deadly NAIDOC Awards in the Culturally Significant/ Innovative Project award category.

'Keeping KINnected' program wins 2022 NAIDOC Award

In July, Kalwun's Child and Family Support Services team was successful in becoming the winner of the *Department of Children, Youth Justice and Multicultural Affairs - 2022 Deadly NAIDOC Awards* in the *Culturally Significant/Innovative Project* award category.

The award honours the partnership between Kalwun and Jinndi Mibunn (Beenleigh Housing and Development Company Ltd) and their work being undertaken to find kin.

The award was presented to Kalwun by Child Safety's Director-General, Deidre Malkerin, and was accepted by Finding Kin Officer, Hayley Roxburgh.

Hayley shared a message from Sue Stewart, Manager - Keeping KINnected - South East Region Service Delivery.

"As a team, we wanted to acknowledge the rich partnerships we are building

with Kalwun and Jinndi Mibunn which was also acknowledged by the panel today," she said.

"Together we are changing the lives for Aboriginal and Torres Strait Islander children and young people 'one starfish at a time'".

A special shout out to Hayley and Maxine for the amazing knowledge and value they bring to the team. We are so excited to continue and expand the journey and scope over the next twelve months."

Kalwun would also like to recognise and congratulate Hayley for her work with the Keeping KINnected program. It is not an easy role to undertake, but Hayley has taken it in her stride and is doing a deadly job.

For more information on Kalwun's Keeping KINnected Program, call 5520 8600.

Youth Wellbeing get sporty with the Suns

Kalwun's Youth Wellbeing team recently arranged for four of our young people to attend a day at Metricon Stadium for a tour around the Gold Coast Suns AFL team office and training facilities.

With Jarrod Harbrow, the Gold Coast Suns' Indigenous Programs Coordinator (and former AFL player), showing the group around, they were also visited by current Indigenous AFL/AFLW players who told their stories of how they made it into the AFL.

First, the group heard from Ashanti Bush, a Gold Coast Suns AFLW player who was drafted from the Hawthorn VFLW team. Ashanti is originally from Beswick, a small Indigenous community 80kms east of Katherine, and comes from a family line of artists and hunters.

They also met Sean Lemmens, a current Gold Coast Suns AFL player whose family is from the Tiwi Islands, 80kms north of Darwin.

After the tour around the stadium, our young people were visited by TJ from the Kalwun Health team. TJ is a player for the Gold Coast Rollers NBL1 team and showed the group, including the Suns players, some fun basketball games and skills.

Thank you to the Gold Coast Suns, Jarrod and TJ, our young people had a deadly day!





Kalwun programs collaborate for a day of exploration, fun, friends and connection

Kalwun's Community Care Wellness Centre group recently linked in with the Kalwun Social and Emotional Wellbeing team for a special outing to the City of Logan.

Together, the teams supported 32 clients to travel up the M1 for a day of cultural exploration, retail therapy and lunch at a south east Queensland icon.

The day began with a visit to the Yugambah Museum, where the group explored and reminisced as they made their way through the displays of information, artefacts and artwork before enjoying morning tea on the veranda.

Next on the agenda was a shopping trip at Lighthouse Care in Beenleigh. Lighthouse provides a point of difference for shoppers as they offer a trolley full of groceries for just \$25.

Kalwun's amazing cook, Leanne, met the group at Lighthouse to assist with reading ingredient labels, coming up with recipe ideas and keeping an awareness of Use By dates so that clients could feel confident in managing the freshness of their purchases.

Finally, no trip up the motorway is complete without a lunch stop at Yatala Pies and they did not disappoint.

The success of this combined Community Care and Social and Emotional Wellbeing initiative reinforces the difference that Kalwun is making in the lives of our mob, as we all work together to ensure our people live long, healthy, prosperous and happy lives.

For more information on the Kalwun Community Care Service and Wellness Centre, call 5522 9197 or visit www.kalwun.com.au

For more information on Kalwun's Social and Emotional Wellbeing program, call 5526 1112 or visit www.kalwun.com.au/sewb

NAIDOC WEEK 2022

GOLD COAST NAIDOC WEEK COMMUNITY LAUNCH

We started off NAIDOC Week at our Community Care Wellness Centre in Bonogin with performances, a flag raising ceremony and guest speakers including Clinton Brewer, Anita Summers and Kalwun's Co-Deputy Chairperson, Tracey Castle.



JELLURGAL NAIDOC EVENT

In light of the postponement of the Titans NAIDOC Community Event due to weather, we invited community to join us at Jellurgal to celebrate NAIDOC week with boomerang painting with the Jellurgal team, a free sausage sizzle from the Deadly Choices team, promotional giveaways and a face painter and balloon twister.





GET UP! STAND UP! SHOW UP!

3-10 JULY 2022

ABORIGINAL & TORRES STRAIT ISLANDER SENIORS LUNCH

Invited guests gathered for lunch and a yarn at Currumbin RSL.



NAIDOC COMMUNITY PANEL

Guests heard from members of the local Aboriginal and Torres Strait Islander community, Uncle John Graham, Aunty Joyce Summers, Uncle Bill Oui and Darren Conlon, as they shared what this year's NAIDOC theme meant to them.



GOLD COAST COMMUNITY NAIDOC STREET MARCH

Community marched through Griffith Street, Coolangatta, to the NSW border and joined in a Corroboree at Chris Cunningham Park.



GOLD COAST TITANS NAIDOC COMMUNITY EVENT

The Gold Coast Titans NAIDOC Community Event (originally postponed due to the weather in July) was held at Firth Park in Mudgeeraba on Tuesday 13 December.

With music and dance performances, food, information stalls and kids activities, this event was a perfect celebration to end the year.



New arrivals

Another bundle of gorgeous bubs have been welcomed into the world. Congratulations families on your adorable new additions!



Fletcher, new bub of Logan and Laightyn.



Rivah, new bub of Krystal and William



Malahni, new bub of Erica



Maliyan, new bub of Wade and Emma



Colby, new bub of Keeahni and Michael



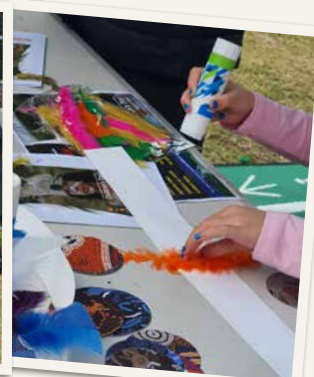
Kylo, new bub of Belynda



Oakleigh, new bub of Codie and Brandon



Jordyn, new bub of Kelly and Ryan



Children's Day activities, entertainment and fun

Kalwun celebrated National Aboriginal and Torres Strait Islander Children's Day (Children's Day) at Pratten Park in Broadbeach on Saturday 6 August.

Children's Day is a time that Aboriginal and Torres Strait Islander families and communities, and all Australians, celebrate the strengths and culture of our children. It is an opportunity for us to show our support for Aboriginal and Torres Strait Islander children, as well as learn about the crucial impact that culture, family and community play in the

life of every Aboriginal and Torres Strait Islander child.

The community were treated to a performance by Biren Aboriginal Dance Troupe and free Aboriginal dance lessons.

Children and their carers also participated in cultural activities including headdress making, Aboriginal face painting, Dreamtime stories, weaving, traditional games with the Deadly Choices team and a colouring competition. There were some beautifully

decorated headdresses and the children commented on how they liked the feel of the ochre on their faces.

Children were each given a 'passport' and received a stamp at each activity in order to receive a SNAICC prize bag, with 80 bags handed out on the day. The Kalwun team provided a free sausage sizzle, water and fruit, with more than 200 barbecued sausages consumed!

Thank you to all staff and community who attended and made it a fantastic day out.



Eight teams competed in the Deadly Choices Touch Day

First Deadly Choices Gold Coast Family Touch Day loved by all

After being postponed due to rain earlier in the year, the first ever Kalwun Deadly Choices Family Touch Football Day went ahead at Coomera Sports Park on Saturday 20 August.

On what was a perfect winter's day, the event featured community stalls and prize giveaways.

A total of eight teams competed in a strong competition of games as well as team

relay races with the 'Sand Goannas' taking out the major prize.

The event was enjoyed by those involved and the Deadly Choices team is already working towards next year's event.

For more information on Kalwun's Deadly Choices program and their work to empower our people to make healthy choices for themselves and their families, visit www.kalwun.com.au/deadlychoices



More Aboriginal and Torres Strait Islander children have ear and hearing problems – and it's easy to mistake for bad behaviour

Aboriginal and Torres Strait Islander children experience ear disease — fluid build ups, perforated eardrums and ear infections that can impair hearing — more frequently than most populations in the world. Rates are 8.5 times as high as for non-Indigenous children in Australia.

Early childhood development related to speech, language and learning, relies heavily on being able to hear. The consequences of poor hearing can greatly disadvantage a child in the classroom, in the criminal justice system and cause delays in other medical diagnoses.

While testing for ear disease in the community for two clinical trials, we listened to what the Aboriginal and Torres Strait Islander community had to say about their experiences and committed to sharing their story. They described how easy it is to mistake ear disease and hearing loss for misbehaviour.

Hearing and behaviour

The caregivers we spoke to noted common behaviours included children talking loudly, turning up the TV or devices, being distracted, talking in class, “not listening”

or not responding. When families, teachers or carers assume this behaviour is deliberate, it causes significant distress for children. They feel like they are always in trouble, misheard and misunderstood, no matter how hard they try.

Guilty feelings

A diagnosis of chronic ear disease (fluid in the middle ear with or without being infected) in a child can be distressing for caregivers, who might experience complex feelings of guilt. They told us they felt bad because they had misjudged their own child. They experienced self-doubt about their parenting for “not noticing” there was a medical problem or for not sticking to their “gut feeling” something was wrong when their concerns were dismissed by doctors or family members. Race adds an additional layer of complexity, with some caregivers feeling too afraid to visit a GP for fear of being reported to authorities for having a sick child.

Other caregivers said they visit the doctors office for even the most minor of concerns, afraid they would be judged and labelled as neglectful if they did not.

Both are evidence of systemic racism, which tries to attribute child health disparities to poor parenting rather than the broader structural factors that affect Aboriginal and Torres Strait Islander people.

Watching closely

Our interviews revealed that a strong relationship of respect, collaboration and information-sharing between the caregiver and health professionals is a key component to successfully navigating ear disease. The best clinical care empowers caregivers to confidently seek medical help to identify and manage ear disease in the long-term. This allows them to support children through ear or hearing problems, instead of focusing on the behavioural symptoms. As researchers and practitioners, we can focus on providing quality care and sharing knowledge – so caregivers can focus on managing their child's symptoms, rather than managing the health system.

This story contains excerpts from an article by Kalwun's Coomera Clinic Practice Manager, Letitia Campbell. To read the full article, visit theconversation.com

Christmas

OPENING HOURS

All Kalwun sites and Jellurgal will be closed from **1pm Friday 23 December 2022** and re-open on Tuesday 3 January 2023.

Kalwun management and staff would like to thank you for your support throughout the year and wish you and your family a very Merry Christmas and a Happy New Year.



www.13yarn.org.au

Available 24/7

Confidential & anonymous

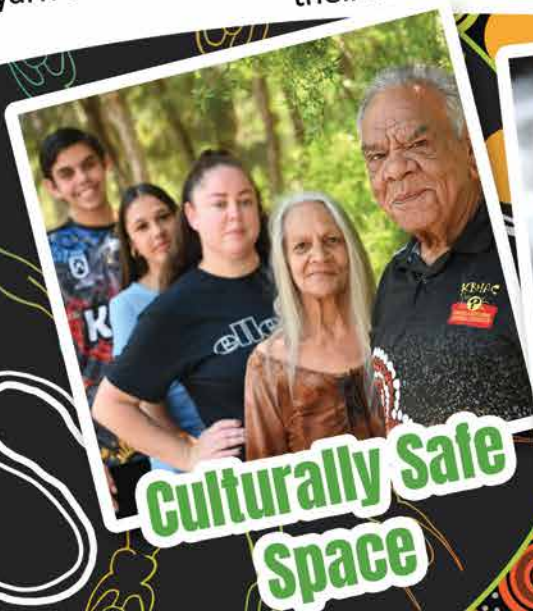
Aboriginal & Torres Strait Islander Crisis Supporters

13 YARN

"We're here to help, call us for a yarn"

13 92 76

13 Yarn is the first national support line for Aboriginal & Torres Strait Islander people in crisis. We offer a confidential one-on-one over the phone yarning opportunity and support with a Lifeline trained Aboriginal & Torres Strait Islander Crisis Supporter for mob who are feeling overwhelmed or having difficulty coping. We are here to provide crisis support 24/7 to enable our community to yarn without judgement and provide a culturally safe space to yarn about their needs, worries or concerns.



Culturally Safe Space



Available 24/7 across Australia from any phone



We listen, without judgement or shame