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<p>2 CULTURAL DAY Cultural day for Aboriginal and Torres Strait Islander consumers YARNING CIRCLE Art & Culture on the verandah COOMERA WELLNESS CENTRE OPEN</p> 	<p>3 FATHER DAY CELEBRATIONS Bingo, games, and trivia, puzzles and games, Tech Class & iPad games • Carpet Bowls Shopping Mudgeeraba</p> 	<p>4 • Aqua aerobics/ deep water running • Trivia, Card games • Tech Class & iPad games • Pamper day MORNING IN THE PARK COOMERA WELLNESS CENTRE OPEN</p> 	<p>5 • Carpet Bowls, Bingo Massage/falls prevention & balance with Megan OT & Matt Physio • Aqua class 10am please book in with staff • Art on the verandah CELEBRATING BRAZILIAN DAY dancing and lunch</p> 	<p>6 CHOCOLATE FACTORY TOUR picnic in the park for morning tea and lunch</p> 
<p>9 CULTURAL DAY Cultural day for Aboriginal and Torres Strait Islander consumers YARNING CIRCLE Art & Culture on the verandah ANTHONY CORA VISIT COOMERA WELLNESS CENTRE OPEN</p> 	<p>10 Bingo, games, and trivia, puzzles and games, Tech Class & iPad games • Carpet Bowls Shopping Mudgeeraba</p> 	<p>11 • Aqua aerobics/ deep water running • Trivia, Card games • Tech Class & iPad games • Pamper day MORNING IN THE PARK COOMERA WELLNESS CENTRE OPEN</p> 	<p>12 • Carpet Bowls, Bingo Massage/falls prevention & balance with Megan OT & Matt Physio • Aqua class 10am please book in with staff • Art on the verandah PAJAMA DAY All day breaky for lunch wear your best PJ's</p> 	<p>13 SWELL FESTIVAL CURRUMBIN Morning tea and picnic lunch Walking and outdoor activity please bring hat and water bottle</p> 
<p>16 CULTURAL DAY Cultural day for Aboriginal and Torres Strait Islander consumers YARNING CIRCLE Art & Culture on the verandah ARCADIA COLLAGE AND A VISIT TO GOLD COAST HISTORICAL MUSEUM IN SURFERS, \$5PP COOMERA WELLNESS CENTRE OPEN</p> 	<p>17 FIRE STATION VISIT HOW TO MAKE YOUR HOME FIRE SAFE Bingo, games, and trivia, puzzles and games, Tech Class & iPad games • Carpet Bowls Shopping Mudgeeraba</p>  	<p>18 • Aqua aerobics/ deep water running • Trivia, Card games • Tech Class & iPad games • Pamper day MORNING IN THE PARK COOMERA WELLNESS CENTRE OPEN</p> 	<p>19 • Carpet Bowls, Bingo Massage/falls prevention & balance with Megan OT & Matt Physio • Aqua class 10am please book in with staff • Walking group • Art on the verandah PIRATE DAY Dress like a Pirate and activities</p> 	<p>20 OLD FERNVALE Traditional bakery and café BYO lunch Picnic morning tea</p> 
<p>23 CULTURAL DAY Cultural day for Aboriginal and Torres Strait Islander consumers YARNING CIRCLE Art & Culture on the verandah COOMERA WELLNESS CENTRE OPEN</p> 	<p>24 Bingo, games, and trivia, puzzles and games, Tech Class & iPad games • Carpet Bowls Shopping Mudgeeraba</p> 	<p>25 • Aqua aerobics/ deep water running • Trivia, Card games • Tech Class & iPad games • Pamper day DEMENTIA ART GALLERY KIRRA HILL WORK SHOPS AND INFO SESSIONS COOMERA WELLNESS CENTRE OPEN</p> 	<p>26 • Carpet Bowls, Bingo Massage/falls prevention & balance with Megan OT & Matt Physio • Aqua class 10am please book in with staff • Walking group • Art on the verandah AGED CARE EXPO SOUTHPORT SHARKS a full day of entertainment</p> 	<p>27 HISTORICAL RIVER MILL Feed the turtles BYO morning tea picnic lunch</p> 
<p>30 CULTURAL DAY Cultural day for Aboriginal and Torres Strait Islander consumers YARNING CIRCLE Art & Culture on the verandah COOMERA WELLNESS CENTRE OPEN</p> 	<p>Bookings for Wellness Centre cut off's 3 days' notice in line with Transport bookings</p> <ul style="list-style-type: none"> • Mondays cut off Thursday • Tuesdays cut off Friday • Wednesdays cut off Monday • Thursdays cut off Tuesday • Fridays cut off Wednesday 		<p>Coomera Wellness Centre is NOW OPEN!</p> <p>Consumers who live north of Smith Street and who identify as Aboriginal and or Torres Strait Islander will be attending this group.</p>	