

Kalwun Grapevine



KALWUN

Jellurgal
Aboriginal Cultural Centre

Summer 2018



Kalwun's 10 Years of Service Award recipients at this year's 'outback themed' Kalwun all-staff event. Find out more on page 10.

Message from the CEO

We've had another busy yet successful quarter at Kalwun. This edition of the Kalwun Grapevine covers some exciting news stories from all of our different business units.

In October I was particularly proud to be present when Nichelle and Anita from Kalwun Health Service collected our award for Patient Satisfaction and Service Excellence at the QAIHC State Health Awards night. The Health Service has implemented some new systems and strategies over the last few years to improve the way we work and it has proven successful.

During the quarter Kalwun held our Annual General Meeting. We had a good turnout of members who joined the Directors for dinner while I and our CFO, Dennis, presented about our performance and financial achievements over the past 12 months. I'd like to thank all of those people who attended. Three Directors were re-elected to the Board; Mal Thomson, Lindsay Blow and Grant Williams. They join our current sitting Directors; William Oui (Chair), Nichelle Nona (Secretary), Tracey Castle (Independent Director), Bob Pascoe, Vanessa Summers and

Eualanda Simpson. Our annual report is available online at www.kalwun.com.au/about/corporate-documents/

At the annual Kalwun all-staff event we recognise those employees who have excelled over the past twelve months and also present service awards for 5 and 10 years of service (see page 10). We had twelve staff celebrate 5 years of service and six staff who celebrated 10 years of service in 2018. I'd like to specifically congratulate Melanie French who, out of over 165 employees, earned the company-wide 2018 Kalwun Employee of the Year Award for her outstanding work as a Care Coordinator within our Health Service. Notably the Recognised Entity Service won our prestigious Bev Miller Award for Excellence which is presented to one team annually who has achieved outstanding results.

I hope you enjoy our last Grapevine of 2018! On behalf of the team at Kalwun I wish you all a very Merry Christmas and happy, healthy and safe New Year.

Kieran Chilcott, Chief Executive Officer

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Kalwun jarjums ready for Prep

Kalwun's Early Learning Program celebrated the graduation of 16 jarjums in their 2018 class this month at a dedicated event held at Currumbin State School.

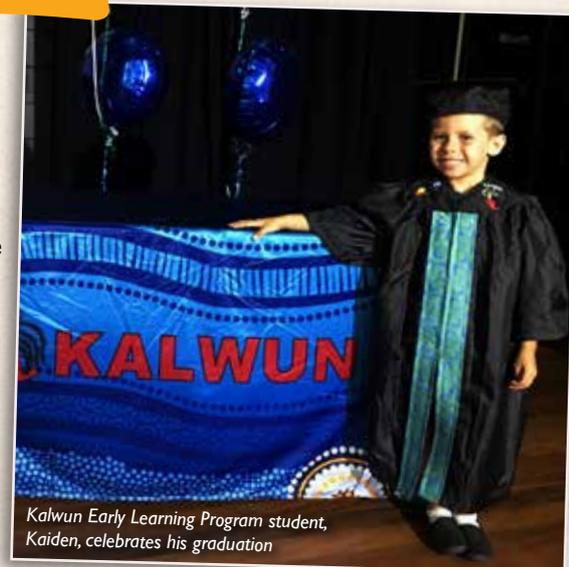
The night started with a performance from the class to their family and friends and was followed by an emotional video presentation showing the children's journey through the year.

Students were presented their graduation certificates by Kalwun CEO, Kieran

Chilcott, and received a gift bag donated by Edwards Lifesciences who also donated two bicycles which were given away by a raffle on the night.

We wish these children all the best for next year in 'big school' and know that they will all achieve great things!

For more information about the Kalwun Early Learning Program, visit www.kalwun.com.au or phone 07 5520 8600.



Kalwun Early Learning Program student, Kaiden, celebrates his graduation

Changes in Child and Family Support Services

Sadly, the Queensland Government-funded Recognised Entity programs have come to an end. As a result of these changes the Logan office has closed after eight years of service as we will no longer be delivering services in this area.

In place of Recognised Entity, we have secured funding for a new initiative called the Family Participation Program (FPP) which will support Aboriginal and Torres Strait Islander families to participate in child protection decision-making.

The focus of the program is Aboriginal and Torres Strait Islander families with children and young people under the age of 18 years including those who are at risk of being the subject of a child protection notification or who are already subject to intervention by the statutory child protection system.

The FPP commenced at the same time as the *Child Protection Reform Amendment*

Act 2017 was proclaimed and will support the primary principle that Aboriginal and Torres Strait Islander peoples have the right to self-determination, and the implementation of the five elements of the Child Placement Principle:

- Prevention – that a child has the right to be brought up within the child's own family and community.
- Participation – that a child and the child's parents and family members have the right to participate in an administrative or judicial process for making a significant decision about a child.
- Partnership – that Aboriginal or Torres Strait Islander peoples have the right to participate in significant decisions under the *Child Protection Act 1999* about Aboriginal or Torres Strait Islander children, including the design and delivery of programs and services.

- Placement – that if a child is to be placed in care, the child has a right to be placed with a member of the child's family group.
- Connection – that a child has a right to be supported to develop and maintain a connection with the child's family, community, culture, traditions and language.

A key function of the FPP will be the facilitation of independent Aboriginal and Torres Strait Islander Family Led Decision Making (ATSIFLDM), a process where authority is given to parents, families and children to work together to solve problems and lead decision-making in a culturally safe space.

This program will operate to keep children safe in a way that optimises families' participation and confidence in the process while meeting any statutory requirements.

KALWUN EARLY LEARNING PROGRAM

For Aboriginal & Torres Strait Islander Children aged 4–5 years in 2019 who will be attending Prep in 2020.

- Provides a warm, nurturing and safe environment that encourages the development of the whole child.
- Enables a smooth transition into prep.
- Strengthens cultural identity.
- Qualified, experienced and caring staff meet the needs of the individual child.
- Suitable for children requiring extra support in preparing for school (developmental, social, emotional, cultural etc).

Places available are for one day per week (9.30am – 2.30pm)

PLACES ARE VERY LIMITED. For more information or to register for enrolment, call 07 5520 8600.

New look and additional resources provide a boost for Community Care service

It has been a busy couple of months at Kalwun Community Care as we have added improvements and resources to create a more streamlined service for our clients.

The respite centre now has new respite staff and an updated look with freshly painted walls and a new entrance for all clients and staff.

Community Care now have two lawn mowing teams and can provide more services for clients in the northern and southern areas of the Gold Coast.

Two new buses have also recently been purchased, which takes the total to four buses on the road picking up clients and taking them on outings.

If you see a Kalwun bus on the streets of the Gold Coast, make sure to give them a wave!

For more information on Kalwun's Community Care Service, phone **07 5522 9197**.



Two new buses have joined our fleet.

Elders and jarjums connect in combined school holiday program at Bonogin

In a first for Community Care, the Bonogin centre hosted a school holiday program in September/October that brought together Elders and jarjums for education, connection and fun.

Held across two separate days for children aged 5 – 11 years and then

12 – 17 years, the program enabled cultural connection and bonding between different stages of life.

Children enjoyed painting and learning Aboriginal culture from the Elders with a highlight being when Uncle Tommy and the boys played the didgeridoo and the

girls played the clap sticks. This was an emotional time for all and truly illustrated the importance and power of connection.

For more information on the program, phone **07 5522 9197**.

Looking forward to 2019

We have a range of projects and programs planned for the new year designed to increase the uptake of our services. We welcome you to join us on this journey!

- Coomera-based art group, which may extend to include other respite-based activities
- New forms of exercise/relaxation-based activities such as seated yoga, meditation and stretch classes
- The renaming of the Respite Centre in line with our current wellness focus
- A garden renovation that will include bough houses for painting, walking paths with totems, bush tucker gardens and a fire pit



Fishy addition now on display at Jellurgal

The team at Jellurgal Aboriginal Cultural Centre have recently added an exciting new exhibit to their display — a traditional fish trap created just for the centre by Uncle Steve Cora.

The fish trap has been carefully crafted by hand in the traditional way, using traditional materials that can all be found on the mountain, Jellurgal.

The traps work by creating a sanctuary for smaller fish in the creek, which then lure larger estuary fish to get trapped inside with the help of tidal currents.

The Jellurgal team are very excited about this latest addition and welcome you to come into the centre to have a look. A video has also been developed to explain the stories of Uncle Steve and his fish trap even further, this can be found on the Jellurgal Facebook page: www.facebook.com/JellurgalTours.

Jellurgal Aboriginal Cultural Centre is open from 8am – 3pm, Monday to Friday and entry is free.



Uncle Steve Cora constructed the entire traditional fish trap by hand.



Kids tour Jellurgal **FREE*** during these school holidays

** One child (aged 5-14) free per paying adult for the 'Jellurgal Walkabout' tour.*

Quote
'Jellurgal
summer'
when
booking

BOOK NOW

Advanced bookings are essential
Phone **07 5525 5955**
email info@jellurgal.com.au
web www.jellurgal.com.au

1711 Gold Coast Hwy
Burleigh Heads
Open Monday to Friday, 8.30am - 3pm

Offer valid for 'Jellurgal Walkabout' tours from 2 January – 25 January 2019.

Tia tackles the best at Chinchilla

Kalwun client, Tia Thompson, has represented the South Coast region at the Queensland School Sport 11–12 years Girls Rugby League competition held in Chinchilla this September.

After a successful season with the Palm Beach Currumbin High School girls rugby team, Tia became the only student from the school to receive selection to the South Coast team.

As each participant in the Queensland School Sport competition was to make their own way to the venue in Chinchilla, a 10-hour round trip for Tia, the team at Kalwun pitched in with a \$100 fuel voucher for Tia and her family.

At the conclusion of the four-day tournament, Tia's South Coast team

finished Runner Up after competing in the grand final, with Tia's proudest moment being when she scored two tries in a single game.

With this being just the latest achievement in a list of accomplishments for Tia this year — including receiving the Coaches Award for her weekend team, on which she is the only female player — we are sure that Tia will go far and may one day fulfil her dream of playing for the Brisbane Broncos NRLW team.

Watch this space next year — Kalwun are committed to providing more support to emerging athletes, young academics and new artists. The Board will be considering a coordinated scholarship program in 2019.



Casey follows her dreams on her path to success as a midwife

Casey Morgan, a client of the Kalwun Mums and Bubs program, has shown what happens when you follow your dreams as she gained entry into the Bachelor of Midwifery course at the Australian Catholic University (ACU) earlier this year.

After confiding in the Kalwun team last year that she always wanted to be a midwife, Casey was provided with contacts at universities and told about programs aimed at facilitating entrance by Aboriginal and Torres Strait Islander people into Bachelor of Midwifery courses.

Casey took this knowledge and successfully gained entrance into the degree at ACU.

Since starting her degree, Casey has also been successful in achieving the 'Mary MacKillop Tertiary Scholarship' to assist her in her studies. The scholarship program works to address systemic barriers to education by increasing access to tertiary studies for Aboriginal and/or Torres Strait Islander students.

After achieving a High Distinction grade in her first assignment — a reflective essay on her journey as an Aboriginal woman — and receiving the award for Student Midwife of the Year at ACU, Casey has shown that she will make herself and her community proud as she completes her degree and moves on to help many new mothers and children.

For more information on opportunities in tertiary education, talk to staff at your local Kalwun Clinic or office.



Keep the kids busy these school holidays with these games and activities.

KALWUN WORD SEARCH

- | | |
|----------------|-----------|
| Art | Elders |
| Assistance | Family |
| Care | Health |
| Community | Jarjums |
| Connection | Jellurgal |
| Culture | Kalwun |
| Dance | Medical |
| Deadly Choices | Respect |
| Dental | Services |
| Early Learning | Tours |
| Education | Wellbeing |

K Q E C B W K D J A R J U M S
 H F A M I L Y A S E B N K Y F
 N D R E B C O N N E C T I O N
 F N L D N O R C P N C H O H T
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 E S D E A D L Y C H O I C E S

JUST FOR LAUGHS



Q: What goes "oh, oh, oh"?

A: Santa Claus walking backwards!

Q: What do you have in December that's not in any other month?

A: The letter D!

Q: Why is Santa so good at karate?

A: Because he has a black belt!

SPOT THE DIFFERENCE Can you find the eight differences in the pictures below?



Solution: 1. Star is bigger 2. Bubble on tree is now blue 3. Tag on present in sack is missing 4. Present under tree is missing 5. Santa's hat pom pom is smaller 6. Santa's gloves are now red 7. Large present is missing bow 8. Large present tag is now green.



Did you know?

Many of you have heard about the Institute for Urban Indigenous Health, sometimes called IUIH or the Institute, but do you know what IUIH does?

Back in 2009 the four Aboriginal Community Controlled Health Services in South East Queensland (SEQ) came together and agreed they needed to work together, if Aboriginal and Torres Strait Islander people were to enjoy better health outcomes. This commitment led to the formation of IUIH.

IUIH is a regional provider which means it covers all of SEQ.

Like Kalwun, IUIH is a community controlled health organisation and has four members – Kalwun Health Service, Kambu Aboriginal and Torres Strait Islander Corporation for Health, Aboriginal and Torres Strait Islander Community Health Service Brisbane and Yulu-Burri-Ba.

Each organisation appoints an individual to sit as a Director of IUIH. Kalwun has appointed its CEO, Kieran Chilcott, as a Director. Kieran was a Director from 2009-2013 and was reappointed in 2016.

As a regional provider IUIH helps to bring everyone together by leading service planning and coordination, and delivering regional programs such as Deadly Choices and Work It Out.

IUIH operates the Moreton Aboriginal and Torres Strait Islander Community Health Service which opened its doors in 2009, filling a much needed gap. Other IUIH services and programs you might have heard about include MomenTIM, Deadly Sisters, IUIH Connect, IUIH regional allied health and social health services.

Recognising strong Indigenous governance in South East Queensland

Created by Reconciliation Australia and sponsored by the BHP Foundation, the Indigenous Governance Awards (IGA) shine a light on successful and effective Indigenous governance across the country.

A highly contested biennial award, on 23 November 2018 the Institute for Urban Indigenous Health (IUIH) was announced as the joint winner of the 2018 IGA, along with Nyamba Buru Yawuru from

Broome in Western Australia.

The IGA celebrates Indigenous led organisations who meld traditional governance based on kinship and culture with the requirements of mainstream organisations.

At the heart of IUIH's governance is cultural integrity and commitment to working in traditional ways of seeing, knowing, doing, belonging and being, going

back to times when tribes and nations would come together in SEQ for Bunya Gatherings to achieve shared goals.

A finalist in the 2014 IGA, this year's award acknowledges the commitment of IUIH and its members to work together to grow and learn, and empower Aboriginal and Torres Strait Islander people to take control of their health and their health services.



CEO Kieran Chilcott, General Manager Nichelle Nona, Regional Administrator Anita Bourke and Chairperson William Oui accept the Patient Satisfaction and Service Excellence Award at the QAIHC 2018 Awards For Excellence.

Kalwun receives high honour in Aboriginal and Torres Strait Islander Health

Kalwun Health Service has been awarded the **Patient Satisfaction and Service Excellence** award at the annual Queensland Aboriginal and Islander Health Council (QAIHC) Awards for Excellence ceremony held in Brisbane on 30 October.

The QAIHC 2018 Awards for Excellence recognise and celebrate the outstanding achievements of individuals and organisations within the sector.

QAIHC Chief Executive Officer, Mr Neil Willmetts congratulated all the winners and finalists.

“It is important to acknowledge individuals and organisations for the work they do in improving health outcomes for Aboriginal and Torres Strait Islander people in Queensland.”

“I am always inspired by the dedication and commitment of the people who work within the Sector,” Mr Willmetts said.

Kalwun Development Corporation as a whole takes great pride in delivering a high-quality service to our clients and will continue to strive for excellence in all that we do.

Mental health matters at community session

The Kalwun Social Health team worked to raise mental health awareness with a session for community members at Southport Parklands during Mental Health Week (7-13 October).

The day began with a dance performance by two local Aboriginal children and was followed by a slide show presentation from Griffith University student, Jarryd, who is currently on placement with the Kalwun Social Health team.

Finishing with a BBQ lunch, the event was a great chance for the community to come to a safe space and yarn freely.

If you have any questions regarding Mental Health, contact our Social Health team on 07 5526 1112.

Deadly Choices team joins the ranks at Kalwun

Kalwun have recently secured six Deadly Choices facilitator positions, as part of the South East Queensland Deadly Choices team, to help address and promote preventative health messages.

Deadly Choices is a health promotion initiative of the Institute for Urban Indigenous Health (UIH) and aims to empower Aboriginal and Torres Strait Islander people to make healthy choices for themselves and their families — to stop smoking, to eat good food and exercise daily. Deadly Choices also encourages our people to complete their annual 'Health Check'.

Our project officers will facilitate the successful Deadly Choices program here on the Gold Coast and will have the responsibility of promoting preventative health messages to our young people in schools and community members at events as well as interacting with our community and neighbouring communities to ensure we share the experiences available through all of the south east region.



A very important part of the preventative health message is the program the team will present to students in schools. This program has two aspects; healthy lifestyles and tobacco education.

The Deadly Choices program gives students the opportunity to participate in many events including touch football tournaments, school holiday programs,

men's golf days and leadership camps.

These events are regularly advertised within clinics and through the Deadly Choices team.

For more information on the Deadly Choices program, contact Team Leader, Selwyn Apanui on **07 5578 3434** or visit www.deadlychoices.com.au

Emergency Relief update



Kalwun provides Emergency Relief to families and individuals experiencing financial hardship. Limited funding is made available to Kalwun from the Department of Social Services to provide food vouchers.

These food vouchers are a safety net for people experiencing financial hardship or distress and who have limited means or resources to help them alleviate their immediate financial crisis.

Since receiving a 12-month extension of funding for Emergency Relief food vouchers, Kalwun's policy has changed.

Clients are now able to access a food voucher **up to three times** in a 12-month period.

This change is effective immediately.

This year, Kalwun will also be providing families with school-aged children with costs up to \$75 towards their School Book Resource Packs for the 2019 school year. **Funding for this assistance is limited so get in quick.**

Please remember that Emergency Relief

is not a welfare benefit payment and strict eligibility criteria is set by the Department of Social Services with which Kalwun must comply.

For more information on eligibility and the application process for Emergency Relief and School Book Resource Packs, phone **07 5578 3434**.

Kalwun employees shine at awards presentation

Kalwun management and staff recently celebrated another successful 12 months of operation with an 'outback' themed staff awards ceremony. Awards were presented for individual and team accolades and the recipients of these awards have shown exceptional dedication to their roles across Kalwun.

The award winners are:

KALWUN EMPLOYEE OF THE YEAR
Melanie French

KALWUN CHILD AND FAMILY SUPPORT SERVICE – EMPLOYEE OF THE YEAR
Tess McKeown and Shane Paulson

KALWUN HEALTH SERVICE – EMPLOYEE OF THE YEAR
Jade Lewis and Michelle Lewkowicz

KALWUN COMMUNITY CARE SERVICE – EMPLOYEE OF THE YEAR
Robyn Bryan and Chris Lardis

KALWUN HEAD OFFICE AND JELLURGAL – EMPLOYEE OF THE YEAR
Trish Kane

KALWUN NEW EMPLOYEE 'ROOKIE AWARD'
Michelle Reid

KALWUN BEV MILLER AWARD FOR EXCELLENCE
Recognised Entity Team



Kalwun CEO, Kieran Chilcott with Kalwun Employee of the Year, Melanie French



Kalwun CEO, Kieran Chilcott with Kalwun Bev Miller Award for Excellence winners, the Recognised Entity Team

Kalwun's long-serving team members receive recognition

In addition to the staff excellence awards, long-serving members of the Kalwun team were also congratulated at the end-of-year staff event.

Awards were presented to staff who have given 5 and 10 years of service including:

5 YEARS OF SERVICE

Amanda Arthurson, Trish Borg, Jennifer Darwen, Karen Grundy, Dane Husband, Melinda Jones, Chris Lardis, Danielle Nona, Caitlyn Palmer, Lani Riley, Jasmine Stanton, Karen Stroud

10 YEARS OF SERVICE

Tracey Andres, Rowena Backler, Virginia Gray, Sandra Klaus, Leilani Summers, Jade Weeks



Kalwun's 5 Years of Service Award recipients



Out & About

Breast screen awareness and BRA GIFTING day

Wednesday 17 October

Women were invited this October to come along to Kalwun's Breast Screen Awareness and Bra Gifting Day, which was supported by Support the Girls Australia and BreastScreen Queensland.

The event saw women of all ages come together to learn more about women's health issues and be professionally fitted for, and receive, a new bra.



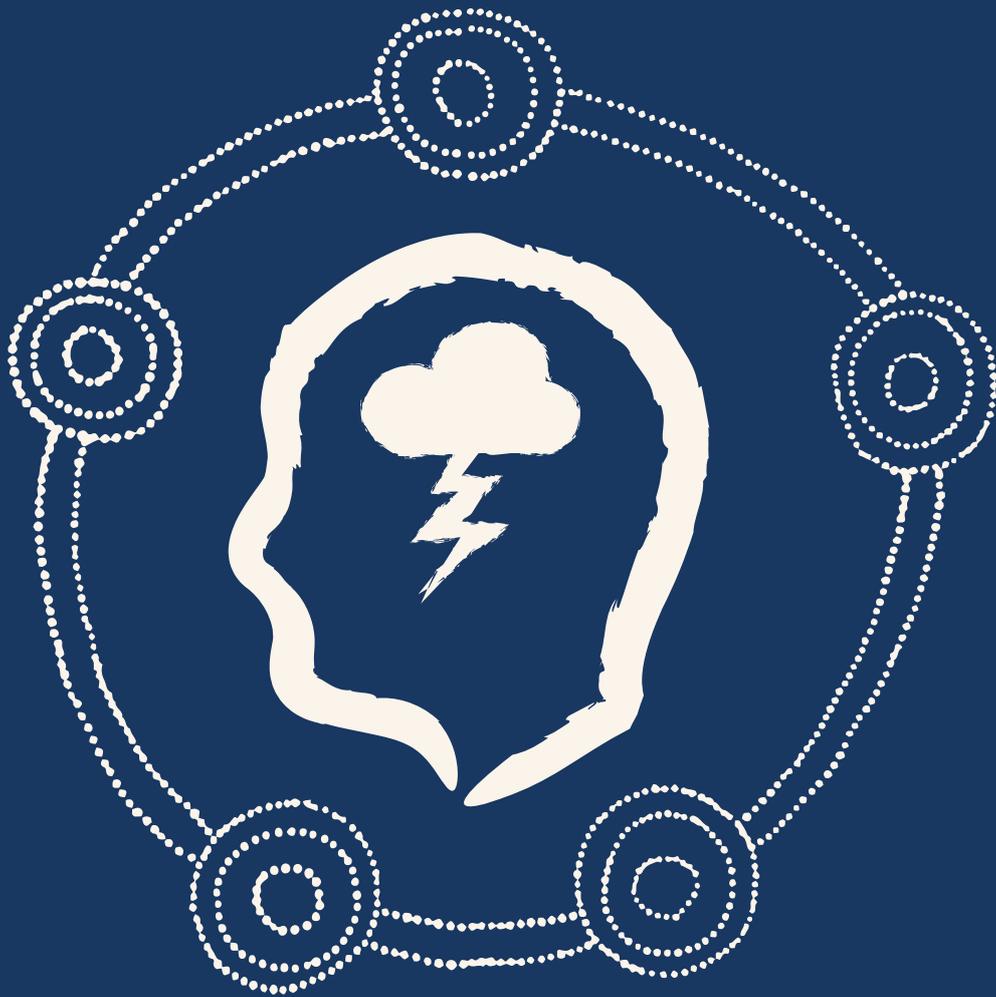
KALWUN COMMUNITY CHRISTMAS EVENT

Saturday 1 December

Kalwun's Community Christmas Event was a free day of fun, food and laughter. From face painting and traditional dancers to a snow machine and an appearance by Santa, the event was a great day out for all.

The management and staff at Kalwun wish all our clients and partners a very Merry Christmas and a Happy New Year!

Your mental health **MATTERS**



Kalwun delivers a free clinical mental health and alcohol and other drug service with a team that consists of a Mental Health Nurse, Case Managers and Alcohol and Other Drugs Practitioner. This service was created to support Aboriginal and Torres Strait Islander clients needing assistance in these areas.

For a free consultation, contact our Social Health team on **5526 1112**.