

Kalwun Grapevine



Jellurgal
Aboriginal Cultural Centre,
Tours & Information Hub

Spring 2018



The Gold Coast NAIDOC Week
Community Launch was a great success.
Check out more photos from
NAIDOC Week events on page 11.

Message from the CEO

Welcome to our new-look quarterly newsletter!

Our community, client base and organisation continue to grow rapidly. Each year we are seeing more people access our services and we have been fortunate enough to continue to secure additional funding for programs to meet the needs of our community.

Each of our business units have periodically attempted to share information and newsletters with their own patients and clients. More often than not, we were providing reminders for upcoming events as opposed to celebrating success.

Our intended outcome of the Kalwun Grapevine is to pull together a snapshot of some of the good news stories from all of our different business units and from the wider community to share publicly.

We want to share these amazing stories, achievements and outcomes and promote our people within our community and also the remarkable work we do at Kalwun.

Why the Kalwun Grapevine? Our people will often refer to the 'Murri Grapevine' as the quickest way to get information to Aboriginal and Torres Strait Islander people. The 'Murri Grapevine' is usually an informal networking system normally by word of mouth and shared from family member to extended family member and out to their community. Still to this day, if I were to ask my mum where she heard something, 99% of the time the response would be "I heard it on the grapevine".

This edition celebrates some good news stories and highlights some exciting things on the horizon. Get involved and pop down to Jellurgal and see Borobi if you have a chance, check out some of the Child Protection Week events across the Coast, come be a part of our Little Deadlies Big Day Out and save the date for our end of year Christmas celebration on 1 December!

Enjoy this edition of the Kalwun Grapevine, I'm already looking forward to being able to share more stories in December.

Kieran Chilcott, Chief Executive Officer

In this edition

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Elders and Jarjums
in combined school
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Flowers freshen up Early Learning Program space for young green thumbs

The Kalwun Early Learning Program at Burleigh now has an exciting new area for play and knowledge thanks to an upgraded garden area donated from Bunnings Burleigh Waters.

The upgrade was completed by Brooke, a representative from Bunnings Burleigh Waters, who donated her time to make the area a more child-friendly and usable space.

The Early Years Learning Framework (EYLF) — that describes the principles, practices and outcomes that support and enhance young children’s learning from birth to five years of age, as well as their transition to school — identifies ‘Learning environments’ as one of the eight key practices required to promote children’s learning.

The EYLF describes environments that support learning as vibrant and flexible spaces that are responsive to the interests and abilities of each child. They cater for different capacities and learning styles and invite children and families to contribute ideas, interests and questions.¹

The Kalwun Early Learning Program garden area now boasts a small sandpit, planter boxes and a range of edible plants including tomatoes, strawberries, blueberries and herbs.

In the future a sink will also be added to make a mud kitchen.

General Manager – Child and Family Support, Vanessa Summers, said that the children love the new and improved space.



“They especially love the sandpit,” she said.

For more information about the Kalwun Early Learning Program, visit www.kalwun.com.au or phone 07 5520 8600.

¹ Early Years Learning Framework Professional Learning Program e-Newsletter No. 11 2011

Jarjums Playgroup

For parents/carers of Aboriginal and Torres Strait Islander children aged 0-5 years

Kalwun Jarjums Playgroup supports and enhances learning in young children with a strong emphasis on play-based learning.

This FREE service provides a central community point for those with young children to build and develop relationships, support each other and access important child and parent related information with a strong cultural connection.

Every
Tuesday
10am-12pm
during school terms

FREE

For more information or to register for playgroup, call 07 5520 8600.

Elders and Jarjums to embrace cultural connection in new school holiday program

Elders and Jarjums from the Gold Coast will have the opportunity to come together to have a yarn, create some collaborative artwork and learn from each other in a series of new school holiday events to be held at the Kalwun Community Care Centre in Bonogin this September/October.

The events, split into two separate days of cultural connection for younger and older children, will allow the groups to meet new people, learn from others' experiences and work on some Aboriginal art projects.

Children will learn the basics of Aboriginal art from experienced Elders and efforts will be made to connect individuals from mutual backgrounds to share specific knowledge about their history.

The group will enjoy lunch together, have an opportunity to see how damper is made and listen to one of the Elders play the didgeridoo.

Assistant Manager – Respite, Eualanda Simpson, said this is the first event to be held at Community Care.

"The Elders are excited," she said.

For more information on the program, phone 07 5522 9197 or email Eualanda.Simpson@kalwun.com.au



Do you identify as Aboriginal and/or Torres Strait Islander?

Are you aged over 50?

Would you like to be part of an elders group that meet fortnightly?

Come along and have a yarn in a fun and supportive environment nestled amongst the trees in the Bonogin Valley. Partners are also welcome.

For more information contact Maureen on 0423 030 877 or Chantal on 07 5526 1112.



Borobi welcomes visitors outside Jellurgal Aboriginal Cultural Centre

There is a new face on the Jellurgal Aboriginal Cultural Centre team as Gold Coast 2018 Commonwealth Games mascot, Borobi, now takes pride of place outside the facility to welcome guests.

Kalwun was approached by the Council of the City of Gold Coast to provide a new home for the statue that once took pride of place amongst the events of the Gold Coast 2018 Commonwealth Games.

Lawn Bowls Borobi now stands tall outside the Jellurgal centre, waving to passers by on the Gold Coast Highway and prompting them to come on in and say hi.

Kalwun CEO, Kieran Chilcott, said visitors are invited to take a photo with Borobi.

“After taking a photo, they can come in to the centre and have a look around,” he said.

“We offer them the opportunity to immerse themselves in Aboriginal culture.”

Visitors can browse through paintings, traditional artefacts and gifts for sale and take a walk along the boardwalk history display to explore the traditional lives of Aboriginal people.

Jellurgal Aboriginal Cultural Centre is open from 8am – 3.30pm, Monday to Friday but Borobi is ready and waiting to meet you anytime!



Kalwun CEO, Kieran Chilcott, and Yugambah Museum CEO, Rory O'Connor, meet Lawn Bowls Borobi at Jellurgal.

Jellurgal features in tourism e-book

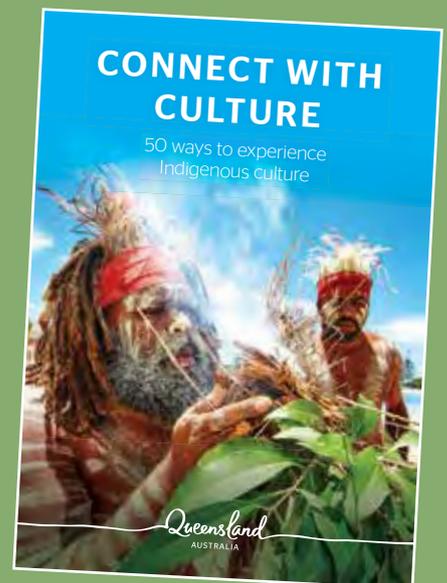
Jellurgal Aboriginal Cultural Centre has taken centre stage in a new e-book launched by Tourism and Events Queensland earlier this year to promote awe-inspiring and immersive experiences that bring the ancient ways of Australia’s Aboriginal and Torres Strait Islander peoples to life.

The e-book, available on the Queensland.com website, is essential reading for inquisitive travellers who are chasing authenticity.

The experiences showcased at Jellurgal at Burleigh Heads join an extensive list of offerings from all over the state.

Jellurgal guide, Trish Kane, tells readers about her ideal things to do on the Gold Coast and the tours of Jellurgal feature throughout the e-book as an ideal experience for kids and adults alike.

Download a copy of the *Connect with Culture* e-book at www.queensland.com/things-to-see-and-do/indigenous-culture



Lee bowls us over with tenpin effort

Lee-Tyson McGrath has had an impressive few weeks in the world of tenpin bowling including competing in a qualification tournament for the Gold Coast Tenpin Cup to win a spot in the final competition.

The Kalwun Health Service client ranked 11th out of 100 participants and has been bowling an average of 170 per game, including three weeks in a row where he bowled over 230!

The sport of tenpin bowling provides physical and mental health benefits through exercise and social interaction. It is a skill-based sport that promotes ongoing progression opportunities, with a focus on general fitness, movement and targeting skills, whilst developing motor skills such as coordination and balance².

The team at Kalwun congratulates Lee on his efforts and wishes him all the best for future tournaments.

To find out more about sports and fitness options for you, contact our Health Service on 07 55 261 112.

² Tenpin Bowling Australia - Sporting Schools



Smiles all round as Uncle Lance has medal presented in memorable event

There was a round of applause from the crowd as much-loved Uncle Lance Duncan was presented with the Australian Sports Medal for his years of volunteering with youth that he was originally awarded in 2000.

The original medal — acknowledging a range of Australians who, in different ways, contributed to the nation's sporting success — sadly went missing from Uncle Lance's home more than five years ago.

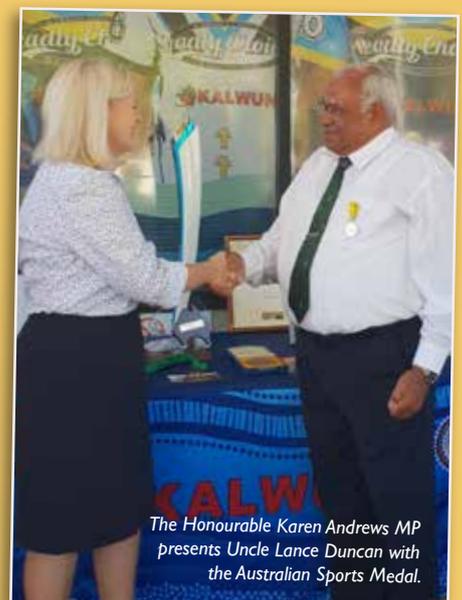
Kalwun Health Service's Community Support Worker, Chantal Togo, reached out to the Honourable Karen Andrews MP to source a replacement medal and arranged the presentation event for July 30 at the Kalwun Health Service in Miami.

"Uncle Lance is a well-respected Elder in our community and his community of Moree in New South Wales," said Chantal.

"He's such a warm and loving character, always willing to help others, and every time he comes into our clinic he puts a smile on everyone's face."

Uncle Lance originally received the Australian Sports Medal for his time volunteering with youth at the Moree PCYC, training them in the art of Judo, and became a life governor of the PCYC.

He continues to volunteer to this day as a mentor for the Under 16 New South Wales Indigenous Rugby League Squad.



The Honourable Karen Andrews MP presents Uncle Lance Duncan with the Australian Sports Medal.

Kalwun supports a range of community events and activities across the Gold Coast promoting healthy and happy lifestyles for our mob.



QUEENSLAND CHILD PROTECTION WEEK

12 September

DISABILITY ACTION WEEK EXPO

Carrara Indoor Sports Stadium
Nerang Broadbeach Road, CARRARA

9.30am – 2.30pm

This expo links people with services, programs and resources, raises awareness of needs and issues facing people with disabilities and promotes supporting programs and services.

3 September

QUEENSLAND CHILD PROTECTION WEEK FREE FAMILY FUN DAY & EXPO

Memorial Park, Connor Street,
BURLEIGH HEADS

3pm – 5pm

These family fun days help to inform Gold Coast families of services available to ensure all children in our community are protected and get the assistance they need as well as raising awareness of this important issue.

Child protection is everyone's business.

Activities include: obstacle course and traditional games, pop-up playground, face painting and balloon animals, live entertainment, information stalls and FREE sausage sizzle.

For more information, go to childprotectionweek.org.au/events

5 September

QUEENSLAND CHILD PROTECTION WEEK FREE FAMILY FUN DAY & EXPO

Oxenford/Coomera Youth Centre
25 Leo Graham Way, OXFENFORD

9am – 12.30pm

Child protection is everyone's business.

Activities include: pop-up playground, animal show, jumping castle, train, animal farm, face painting, information stalls and FREE morning tea.

For more information, go to childprotectionweek.org.au/events



26 September

LITTLE DEADLIES BIG DAY OUT

Currumbin State School Sports Hall
(entry via Mitchell Ave, CURRUMBIN)

9am – 12pm

For kids aged 3 to 4 years old (big or little brothers/sisters also welcome). Meet and greet with Deadly Choices Ambassadors, Gold Coast Titans and Gold Coast Suns. Play games, enjoy a healthy lunch and take home your very own Deadly Choices water bottle, mini footy and limited edition shirt! Be up to date with your health check, or book in for one, to participate.

Spaces are limited so be quick and register your jarjums today at <https://tinyurl.com/DeadlyKindies>

5 September

CHILD PROTECTION DAY SPORTS DAY

Tallebudgera Recreation Centre
1525 Gold Coast Hwy, TALLEBUDGERA

This event is for schools only and by invitation only. Child Protection week is an opportunity for government, business and community to come together to promote the safety and wellbeing of children and raise awareness.

6 September

QUEENSLAND CHILD PROTECTION WEEK FREE FAMILY FUN DAY & EXPO

Labrador Community Hub
57 Billington St, LABRADOR

10am – 1pm

Child protection is everyone's business.

Activities include: jumping castle, animal show, pop-up playground, face painting, information stalls and sausage sizzle.

For more information, go to childprotectionweek.org.au/events

1 December

KALWUN COMMUNITY CHRISTMAS EVENT

Firth Park, MUDGEERABA

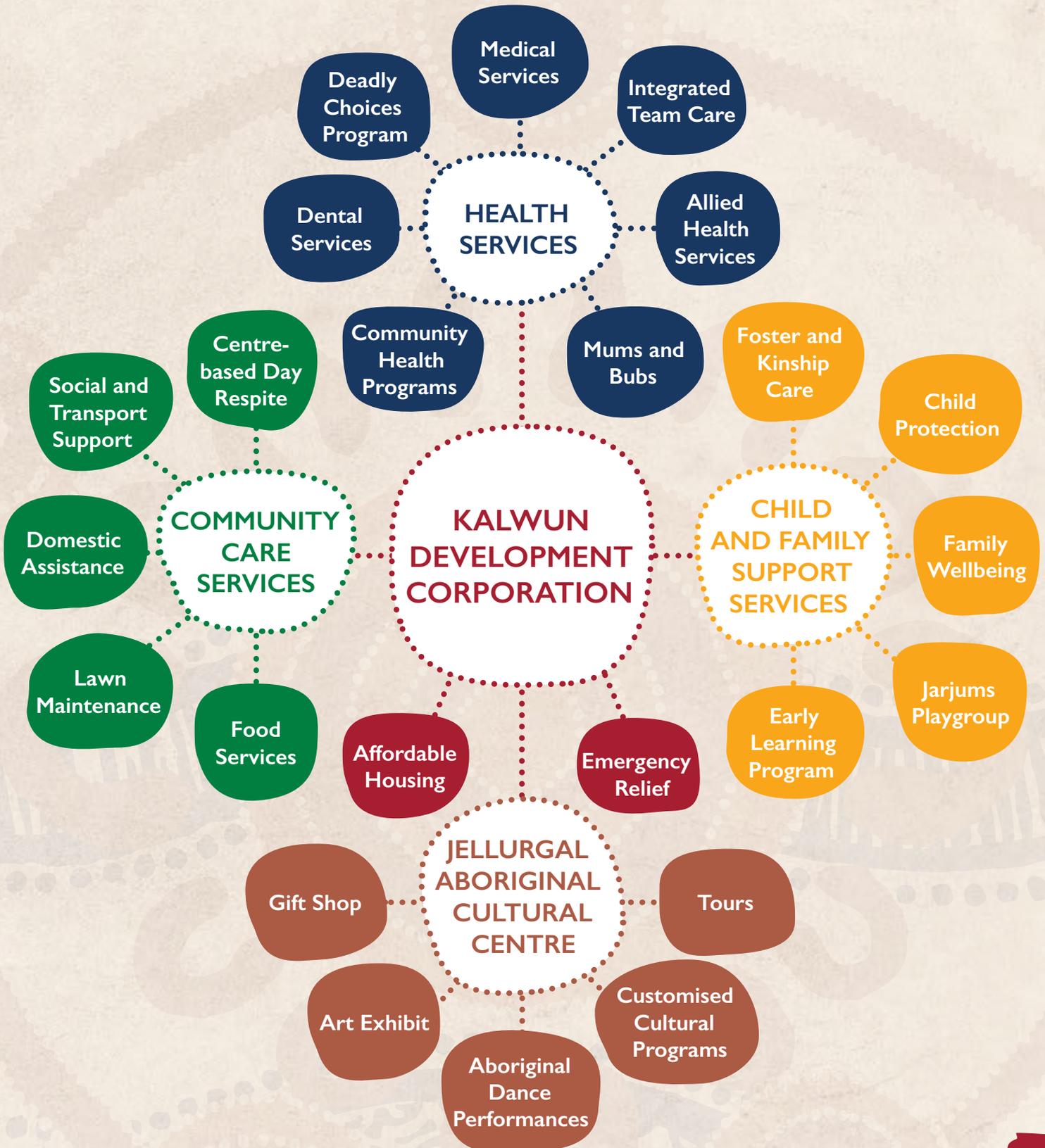
See back page for more details.

Our services: what we can help you with

We often hear the question, "What exactly does Kalwun do?" and the answer is, A LOT! We now have more than 160 staff, trained and ready to help you with a range of services.

Our main areas of specialty are: Health Services, Community Care Services, Child and Family Support Services, Affordable Housing and Emergency Relief and Jellurgal Aboriginal Cultural Centre.

Have a look at the diagram below to see what Kalwun can offer you today and if you have any further questions, please email headoffice@kalwun.com.au or call 07 5578 3434.





Mens groups join together to be the best they can be

The Kalwun, Bugalwena and Minjungbal Men's groups came together recently to participate in an award-winning outreach program, *Be The Best You Can Be*.

The program, that builds on the success of *'Mad Bastards'* the movie, is a grass-roots program designed to start conversations around cultural strengthening, healing and knowledge sharing.

'Mad Bastards' the movie tells the story of an Aboriginal man on a journey to reconnect with his son. He must deal with his own demons before healing their relationship and come to terms with his culture and identity along the way.

The three men's groups came together on the first day of the program to watch

the movie and spent the second day focusing on reflection, talking about their own emotions and journeys.

This second day became quite emotional as the men shared stories about their own journeys with their sons, with the three groups coming together as one to show support for each other.

With this movie in mind, Kalwun hopes to continue this relationship with the other men's groups and work together to have positive outcomes for all involved.

To find out more about Kalwun's men's group, contact Wade at the Miami clinic on 07 5526 1112, Robbie at the Oxenford clinic on 07 5514 7100 or Jade at the Bilinga clinic on 07 5589 6500.

Kalwun and the NDIS

The National Disability Insurance Scheme (NDIS) is a new way of providing support to Australians living with a significant and permanent disability.

The NDIS provides eligible Australians with the reasonable and necessary support to live an ordinary life, and to be more independent and actively participate in their communities.

It offers the person choice and control over how, when and where they use their supports to achieve their goals.

Kalwun's NDIS Project Officer can help you with:

- Understanding the NDIS.
- Completing your Access Request Form or Supporting Evidence forms.
- Assisting with gathering further evidence.
- Liaising with NDIA and other services.
- Pre-planning of your NDIS plan.
- Support during your plan if required.

If you are unsure about anything or would like to book a time to speak with the NDIS Project Officer, please call 07 5526 1112.

Further information about the NDIS can be found at www.ndis.gov.au or by calling 1800 800 110 (Monday – Friday, 8am – 8pm).

Emergency Relief food vouchers



now available from Coomera office

Kalwun is now offering Emergency Relief food vouchers from our Coomera office for those clients who cannot get to Varsity Lakes. Clients still need to contact the office to check their eligibility (one voucher per household every six months) and must also be able to provide all the supporting documentation required.

Emergency relief is not a welfare benefit payment and strict eligibility criteria is set by the Department of Social Services with which Kalwun must comply.

For more on eligibility and the application process, visit www.kalwun.com.au



Kalwun Health Service also offered free ear checks for children at recent community events.

Kalwun Health Service leading the way in child ear health treatment trials

Kalwun Health Service is leading the way this year in child ear health treatment as we take part in two separate trials aimed at reducing hearing difficulties in Aboriginal and Torres Strait Islander children.

Both middle ear infections and 'glue ear' can affect hearing and learning in young children and so are being addressed in two nation-wide trials.

The "WATCH" trial, looking at the best treatment for middle ear infections in our

mob, compares children who are given straight up antibiotics with those who instead "WATCH and WAIT". The trial, commencing in November 2016, has 17 patients to date.

The "INFLATE" trial is aiming to find a solution to treat glue ear in children before they need grommet surgery. Patients allocated standard care are compared with other who are provided the Otovent device to trial at home. This device blows up a balloon using the

nostrils and is hoped to prove to be a safe, effective and low-cost alternative to treat glue ear. The "INFLATE" trial commenced in December 2017 and has five patients involved, more than any other sites involved in the trial.

If you would like more information about these studies or are interested in your child taking part, please speak with a health worker, nurse or doctor at your Kalwun Health Service or call the Miami Clinic on 07 5526 1112.

We are on social media!



Follow us to keep up to date on upcoming events, news, competitions and more!

facebook.com/Kalwun
facebook.com/JellurgalsTours
instagram.com/Jellurgal



Do you want to work with us?

Kalwun only accepts applications and resumes submitted for advertised positions. We are unable to accept resumes provided directly to staff members and managers.

Search for Kalwun on seek.com.au to see if we have a position that's perfect for you!





Photo: Alf Summers

Krurungal get our youth active and healthy

Krurungal Aboriginal and Torres Strait Islander Corporation have supported a team of young talented youth aged between 14 and 17 to compete in the Bunburra Indigenous Beach Touch Football Competition.

Initiated by the Police Citizens Youth Club, the Bunburra Indigenous Beach Touch Football Competition commenced in 2015 and is an annual event for young men and women aged between 14 and 17 years of age. It aims to build community engagement and confidence in the young people involved.

The event this year was held on the beach at Surfers Paradise with teams travelling from across Queensland.

Alf Summers, Krurungal Service Coordinator, said this year was a little rushed.

“As the manager/coach I found out that all the boys and girls bar two were ineligible for the competition which meant, like a typical Murri, I was running around last minute scrapping up a team,” Alf said.

“On the Thursday before the competition we had 30 minutes training where we really did more talking than training.”

Young Lachlan Hamilton stepped up to the plate as the coach for the boys. With only 30 minutes training, both coaches encouraged the team to have a go and have some fun.

“As the day progressed, the Gold Coast teams were starting to move up the ladder and the realisation both teams could be going to the grand final put a nervous anxiety within my stomach, it was the first time in four years that we could be in for a chance,” Alf said.

“This was uncharted territory for me and both teams.”

Unfortunately the boys team missed out on a grand final appearance. The girls team made the grand final, losing out to the talented team from Logan.

Alf said overall it was a fantastic day.

“I thank all the community members who showed up for support, a special mention to Joel and Mary Slabb for the bus, Kalwun for the water bottles and bags and Anita Bourke who supplied goodies for the team on the day.”

For more information on the Bunburra Indigenous Beach Touch Football Competition or other opportunities to get active and healthy, contact Krurungal Aboriginal & Torres Strait Islander Corporation on 07 5536 7911.

Aboriginal and Torres Strait Islander Health Service – Gold Coast Health

The Aboriginal and Torres Strait Islander Health Service – Gold Coast Health team provides a range of care, programs and cultural support services specifically targeted to Aboriginal and Torres Strait Islander community members and visitors accessing the Gold Coast Hospital and Health Service (GCHHS). They work closely with Gold Coast Health colleagues in providing culturally safe services, clinics, promotion and education activities.

WITHIN THE HOSPITAL

The Hospital liaison service within Gold Coast University Hospital and Robina Hospital provides hospital ward visits, advocacy, a cultural link between clients, their families and hospital staff and referrals to support services. The service provides visits to inpatients during business hours. If you don't receive a visit, please ask your ward staff to contact the service on 07 5687 3049.

WITHIN THE COMMUNITY

- Dietitian/nutritionist team based at Palm Beach Community Health Centre. Contact 07 5525 5630.
- Chronic Disease team including Mungulli clinics, heart health screening clinics, yarning circles and education. Programs are conducted at a range of locations on the Gold Coast. Contact 1300 668 936.
- Advanced Aboriginal and Torres Strait Islander Child Health Workers work collaboratively with Community Child Health Nurses and facilitate an antenatal program supporting expectant mothers. Contact 07 5525 5630.
- The Yan-Coorara Mental Health Team work alongside treating teams in providing advocacy and cultural capable care for consumers. Contact 07 5687 9300.

Out & About



NAIDOC Week
Community Launch

NAIDOC Week
Titans Event

NAIDOC Week
Street March



KALWUN



www.kalwun.com.au

**FREE
EVENT!**

KALWUN COMMUNITY CHRISTMAS EVENT

Saturday 1 December ● 9am – 12pm ● Firth Park, Mudgeeraba

Free food and coffee plus other drinks available for purchase

- Face painting
- Jumping castle
- Snow machine*
- Rock climbing wall
- Sparky Doo Dah kids activities
- Traditional dancers
- Santa
- Smartie Pants the clown
- Bunnings demos

** Please note you may get wet if standing near the snow machine. We suggest you bring a towel and/or a change of clothes.*

ALCOHOL & SMOKE FREE EVENT