




















MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Bookings for Wellness centre cut off's 3 days' notice in line with Transport bookings</b></p> <ul style="list-style-type: none"> <li><i>Mondays cut off Thursday</i></li> <li><i>Tuesday cut off Friday</i></li> <li><i>Wednesday cut off Monday</i></li> </ul>			<p><b>Available daily:</b> *Movies *Jigsaws *Walking track *Painting on veranda *Books/ magazines *Sewing machine</p>	<p><b>1</b> <b>OP SHOPPING</b>  Picnic morning tea BYO Lunch at Sobah Brewery and Bunnings trip <b>SOBAH</b></p>
<p><b>4 CULTURAL DAY</b>  <i>Cultural day for Aboriginal and Torres Strait Islander consumers</i> <b>Art &amp; Culture on the verandah</b> <b>Cultural Guest speaker:</b> Anthony Cora</p>	<p><b>5</b> Bingo, games, and trivia, puzzles and games, Tech Class &amp; iPad games • Carpet Bowls <u>Shopping Mudgeeraba</u> Strong and Deadly Group </p>	<p><b>6</b> <b>Walkabout Wednesday</b> <b>Yarn up 10am, 11:30am at Jellurgal morning tea supplied</b> <b>CENTRE CLOSED FOR STAFF TRAINING</b></p>	<p><b>7</b> • Carpet Bowls, Bingo Massage/falls prevention &amp; balance with Megan OT &amp; Matt Physio • Aqua class 10am please book in with staff • Art on the verandah </p>	<p><b>8</b> <b>HINZE DAM</b> Picnic BYO lunch View Café visit fudge shop </p>
<p><b>11 CULTURAL DAY</b>  <i>Cultural day for Aboriginal and Torres Strait Islander consumers</i> <b>Art &amp; Culture on the verandah</b> <b>Deadly Choices indigenous Seniors' games</b></p>	<p><b>12</b> Bingo, games, and trivia, puzzles and games, Tech Class &amp; iPad games • Carpet Bowls <u>Shopping Mudgeeraba</u> Strong and Deadly Group </p>	<p><b>13</b> Trivia, Card games, Tech Class &amp; iPad games, Aqua aerobics/ deep water running, Pamper day <u>Shopping Aldi</u> </p>	<p><b>14</b> • Carpet Bowls, Bingo Massage/falls prevention &amp; balance with Megan OT &amp; Matt Physio • Aqua class 10am please book in with staff • Walking group • Art on the verandah Walking group - Botanic Gardens Glider \$5 </p>	<p><b>15</b> <b>TRAIN TRIP TO SOUTHBANK</b> Ferry ride Picnic morning tea BYO Lunch </p>
<p><b>18 CULTURAL DAY</b>  <i>Cultural day for Aboriginal and Torres Strait Islander consumers</i> <b>Art &amp; Culture on the verandah</b> <b>Deadly Choices indigenous Seniors' games</b></p>	<p><b>19</b> Bingo, games, and trivia, puzzles and games, Tech Class &amp; iPad games • Carpet Bowls <u>Shopping Mudgeeraba</u> Strong and Deadly Group  <b>Palm Beach Community:</b> <b>Art in the Garden 10:30 - 12:00</b></p>	<p><b>20</b> <b>Walkabout Wednesday</b> <b>Yarn up 10am, 11:30am at Jellurgal morning tea supplied</b> Trivia, Card games, Tech Class &amp; iPad games, Aqua aerobics/ deep water running, Pamper day <u>Shopping Aldi</u></p>	<p><b>21</b> <b>Saint Patrick's Day</b>  <b>Wear your fav green outfit games and prizes Irish lunch</b> • Carpet Bowls, Bingo Massage/falls prevention &amp; balance with Megan OT &amp; Matt Physio • Aqua class 10am please book in with staff • Art on the verandah</p>	<p><b>22</b> <b>QUEEN ELIZABETH PARK</b> Café morning tea Picnic Lunch Games in the park </p>
<p><b>25 CULTURAL DAY</b>  <i>Cultural day for Aboriginal and Torres Strait Islander consumers</i> <b>Aboriginal Cultural tour at Byron Bay Morning tea and Lunch Provided</b></p>	<p><b>26</b> Bingo, games, and trivia, puzzles and games, Tech Class &amp; iPad games • Carpet Bowls <u>Shopping Mudgeeraba</u> </p>	<p><b>27</b> Trivia, Card games, Tech Class &amp; iPad games, Aqua aerobics/ deep water running, Pamper day <u>Shopping Aldi</u> </p>	<p><b>28</b> <b>Easter Garden Party</b>  • Carpet Bowls, Bingo Massage/falls prevention &amp; balance with Megan OT &amp; Matt Physio • Aqua class 10am please book in with staff</p>	<p><b>29</b>  <b>Closed for Easter</b></p>